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GLUCOSE TOLERANCE TESTING (28 WEEKS):

- 1.) The night before the test, do not eat or drink anything after midnight except water. Also the day prior to your test, do not eat too many sweets. You may bring a snack for when the test is complete and eat it only after the test is finished.
- 2.) At 8:15am, go to BioReference lab in our office. After checking in, you will be given a sweet drink. Drink it as instructed. One hour later, your blood will be drawn. Once this is complete you are done with your test. You can now eat your snack.

CORD BLOOD BANKING:

- 1.) Please read the enclosed brochure and enroll with the company of your choice, if you are interested. Please speak with the doctors if you have any questions.

HOSPITAL PRE-REGISTRATION:

- 1.) Within the next two weeks go to the Greenwich Hospital Admitting Office on the lobby level to pre-register for maternity admission. Follow the instructions on the maternity pre-registration form. You may also mail it in, if you choose, in the enclosed envelope.

RHOGAM:

- 1.) Individuals who are RH negative will be given a prescription for a rhogam injection. Between 28 and 30 weeks bring your prescription and a copy of your blood type (which will be provided by our office) to Greenwich Hospital outpatient lab where your injection will be administered. **It is very important that you do not receive your rhogam injection prior to doing your 28 week glucose test and bloodwork. Instead, go to Greenwich Hospital for the injection after completing your glucose test and bloodwork.**

CHILDBIRTH EDUCATION CLASS:

- 1.) Please read the enclosed brochure "Prepare For Birth" and contact Tammy Amundson, RN directly if you are interested in signing up for this childbirth education class. This also includes a tour of the Greenwich Hospital.